



# An Invitation to Join Us

## *An Exciting Program*

We are very pleased to invite you to participate in the Eastern Pain Association (EPA) Annual Scientific Meeting to be held September 12, 2008, in the state-of-the-art facility of the New York Academy of Sciences at 7 World Trade Center. This is an ideal site to showcase our theme, *What's Old is New Again*, with an interactive and thought-provoking meeting that is guaranteed to stimulate and educate.

*Dr. Charles H. Cleeland* is the 2008 recipient of the Dr. John J. Bonica Award. Dr. Cleeland's topic, "The Symptom Complex: What Goes Along with Having Chronic Pain?" will be given during lunch and is free of charge to all interested, independent of meeting registration. *Dr. Charles E. Inturrisi*, current President of the American Pain Society, will deliver the 2008 Dr. Raymond Houde Lecture. Dr. Inturrisi's lecture will be "Identification and Targeting of Pain Signaling Proteins."

We are certain you will find we have met our goal of providing presentations to highlight research, treatment and evaluative aspects of pain management which are timely, challenging and innovative. We also invite you to enjoy the distinctive activities which make New York City an exciting destination.

## Program Description & Target Audiences

The Eastern Pain Association (EPA) annual meeting (Friday, September 12, 2008) is composed of topics exploring the latest research and clinical aspects addressing pain and associated symptoms. The meeting would be of utmost benefit to physicians, scientists, nurses, psychologists, pharmacists, dentists, social workers, and others interested in pain management.

## Overall Program Goal

The EPA presents an evidence-based, multidisciplinary program focused on state-of-the-art advances in pain assessment, treatment, and research. This year's program emphasizes current answers to pain questions which were raised more than 20 years ago. The goal of this program is to be interactive, practical and thought-provoking.

## Accreditation Statement

This activity has been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Board of Quality Assurance and Utilization Review Physicians, Inc. and Eastern Pain Association (EPA).

The American Board of Quality Assurance and Utilization Review Physicians, Inc. designates this educational activity for a maximum of **8** *AMA PRA Category 1 Credit(s)(tm)*. Physicians should only claim credit commensurate with the extent of their participation in the activity. The American Board of Quality Assurance and Utilization Review Physicians, Inc. is an approved provider of continuing education for nurses through the Florida Board of Nursing. This activity has been approved for **9.6** contact hours.

This program is approved for Category 2 credit by the American Osteopathic Association.

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New York, New York

# Faculty

Charles S. Cleeland, Ph.D.  
Department of Symptom Research  
McCullough Professor of Cancer Research  
University of Texas  
M.D. Anderson Cancer Center  
Houston, Texas

Richard Cox, M.D., Ph.D.  
Duke University Medical Center  
Durham, North Carolina  
Georgetown University Medical Center  
Washington, D.C.

R. Christopher deCharms, Ph.D.  
Omneuron, Inc.  
Menlo Park, California

Charles E. Inturrisi, Ph.D.  
Department of Pharmacology  
The Weill Medical College  
of Cornell University  
New York, New York

Ru-Rong Ji, Ph.D.  
Pain Research Center  
Department of Anesthesiology  
Brigham & Women's Hospital  
Harvard Medical School  
Boston, Massachusetts

Mary Jeanne Kreek, M.D.  
Laboratory of the Biology  
of Addictive Diseases  
The Rockefeller University  
New York, NY

David R. Longmire, M.D.  
Department of Internal Medicine  
University of Alabama School of Medicine  
Huntsville Program  
Huntsville, Alabama

James Witter, M.D., Ph.D.  
CSO-PROMIS  
MIAMS, NIH, DHHS  
Bethesda, Maryland

# ATTENTION ALL TRAINEES!!!

## CALL for POSTERS

The Eastern Pain Association (EPA) announces a Call for Posters to be presented at the annual scientific meeting on September 12, 2008. Eligible authors are fellows, graduate students and residents from a variety of disciplines including, but not limited to, dentistry, medicine, nursing, pharmacy and psychology. Posters will be reviewed by a multidisciplinary committee and three (3) prizes will be awarded. A limited number of posters will be selected to be presented at the annual meeting. Accepted abstracts will also be included in the annual meeting syllabus. Papers recently presented at the American Pain Society or the International Association for the Study of Pain are eligible.

Please submit an electronic copy of your abstract (450 words or less) and the application below to [director@epapain.org](mailto:director@epapain.org) by Friday, August 15, 2008, 5:00 p.m.

Title:

Author(s):

Institution:

Telephone:

Fax:

Email:

Type of Research Submission:       Basic Sciences     Translational     Clinical

Trainee's Field:

- Basic Sciences    Dentistry    Medicine    Anesthesiology  
 Emergency Medicine    Family Medicine    Neurology    Palliative Care  
 Physical Medicine and Rehabilitation    Psychiatry  
 Nursing    Pharmacy    Psychology    Other \_\_\_\_\_

Authors must use the format below for the written abstract. Please attach your abstract.

Introduction:

Sample:

Methods:

Results:

Conclusions:

Acknowledgement:

The EPA Program/Education Committee thanks you for your submission. We are looking forward to seeing you in New York City on September 12, 2008, for another stellar meeting.



**Eastern Pain Association 2008 Annual Scientific Meeting  
Schedule at a Glance  
Friday, September 12, 2008**

7:00 – 7:45 am	Continental Breakfast, Time with Exhibitors, Registration
7:45 – 8:00 am	Welcome and Introduction ● <i>Donald C. Manning, M.D., Ph.D.</i>
8:00 – 8:45 am	Dr. Raymond Houde Lecture “Identification and Targeting of Pain Signaling Proteins” ● <i>Charles E. Inturrisi, Ph.D.</i> Introduction by <i>William K. Schmidt, Ph.D.</i>
8:45 - 9:00 am	Questions and Answers
9:00 – 9:45 am	“Neuropsychological Aspects of Pain” ● <i>Richard Cox, M.D., Ph.D., D. Min.</i>
9:45 – 10:00 am	Questions and Answers
10:00 – 10:15 am	Refreshments/Time with Exhibitors
10:15 – 11:00 am	“Addictions 25 Years Ago and Today” ● <i>Mary Jeanne Kreek, M.D.</i>
11:00 – 11:15 am	Questions and Answers
11:15 – 12:00 pm	“The Autonomic Nervous System and Chronic Pain” ● <i>David R. Longmire, M.D.</i>
12:00 – 12:15 pm	Questions and Answers
12:15 – 12:30 pm	EPA Business Meeting
12:30 – 1:30 pm	Dr. John J. Bonica Award Lecture and Luncheon “The Symptom Complex: What Goes Along with Having Chronic Pain?” ● <i>Charles S. Cleeland, Ph.D.</i>
1:30 – 2:15 pm	“The PROMIS of Symptom Management” ● <i>James Witter, M.D., Ph.D.</i>
2:15 – 2:30 pm	Questions and Answers
2:30 – 3:00 pm	Refreshments/Time with Exhibitors/Posters and Their Authors
3:00 – 3:45 pm	“Temporal Mechanistic Aspects of Acute and Chronic Pain” ● <i>Ru-Rong Ji, Ph.D.</i>
3:45 – 4:00 pm	Questions and Answers
4:00 – 4:45 pm	“Thinking the Pain Away with Real Time MRI” ● <i>R. Christopher deCharms, Ph.D.</i>
4:45 – 5:00 pm	Questions and Answers
5:00 – 5:30 pm	Posters and Time with Exhibitors
5:30 – 6:30 pm	President’s Reception Recognitions & Poster Awards

**EDUCATIONAL OBJECTIVES:** *All courses have been designed for physicians, nurses, psychologists, and basic scientists dedicated to promoting clinical care, pain related research, education, and professional practice.*

***Identification and Targeting of Pain Signaling Proteins***

Charles E. Inturrisi, Ph.D.

At the end of this session, participants will be better able to

- define the role that central sensitization plays in facilitating injury-induced pain transmission in the spinal cord;
- recognize how molecular techniques can be used in preclinical models to identify pain signaling proteins;
- identify how new approaches (RNAi) can achieve pain silencing and their therapeutic potential.

***Neuropsychological Aspects of Pain***

Richard Cox, M.D., Ph.D.

At the end of this session, participants will be better able to

- describe the neuropsychological aspects of chronic pain;
- define the differences between neuropsychological vs psychological aspects of chronic pain;
- determine the effects chronic pain can have on the brain and associated neuropsychological functioning.

***Addiction: 44 Years Ago, 25 Years Ago, and Today***

Mary Jeanne Kreek, M.D.

At the end of this session, participants will be better able to

- Recognize that substantial advances have occurred over the past 44 years in the USA and internationally to developing effective treatment approaches for drug addiction;
- Describe the role and limitations of methadone, LAAM, buprenorphine, and naltrexone in treating narcotic addiction;
- Describe the role and limitations of naltrexone, nalmefene, and acamprosate in treating alcoholism;
- Name the most rapidly growing abuse and addictive disease problem in the United States;
- Understand the role that genetics play in the development of addictive diseases;
- Discuss new pharmacotherapies that are on the horizon for treating drug addictions.

***The Autonomic Nervous System and Chronic Pain***

David R. Longmire, M.D.

At the end of this session, participants will be better able to

- outline the anatomy and function of the autonomic nervous system (ANS);
- review who the ANS affects and is affected by chronic pain;
- differentiate selective tissue conductance from other possible forms of ANS testing;
- extrapolate the usefulness of ANS testing using selective tissue conductance.

***The Symptom Complex: What Goes Along with Having Chronic Pain?***

Charles S. Cleeland, Ph.D.

At the end of this session, participants will be better able to

- recognize the multiple symptoms that accompany chronic pain;
- discuss potential common etiologies for multiple symptoms;
- describe the animal and imaging data that support a multi-symptom complex in pain;
- plan for a multi-symptom assessment and treatment approach for patients.

***The PROMIS of Symptom Assessment***

James Witter, M.D., Ph.D.

At the end of this session, participants will be better able to

- describe the background and basic structure of the PROMIS initiative;
- explain the process of producing an item databank;
- identify potential uses and value of the PROMIS item bank;
- recognize future activities and development goals of PROMIS.

***Temporal Mechanistic Aspects of Acute and Chronic Pain***

Ru-Rong Ji, Ph.D.

At the end of this session, participants will be better able to

- trace a potential chemical path for conversion of acute to chronic pain;
- recognize several molecular targets for the development of new therapies for pain;
- explain why different therapies would be needed to address acute pain, chronic pain and the transition from acute to chronic pain.

***Thinking the Pain Away with Real Time MRI***

R Christopher deCharms, Ph.D.

At the end of this session, participants will be better able to

- review real-time functional MRI (rtfMRI) as a potential safe, non-invasive approach for treating chronic pain;
- recognize technology involved in rtfMRI measurement;
- demonstrate that control over activation of brain regions involved in pain perception may be achieved by training with rtfMRI feedback;
- explain that the time-course of learning control over brain activation using rtfMRI training mirrors the time-course for control over pain;
- discuss the design of a controlled, double-blind clinical research trial to demonstrate a long-term benefit of rtfMRI training that is underway in chronic pain patients.

*EPA reserves the right to make changes in program content and/or speakers if necessary. The views, opinions, and information presented by the speakers do not necessarily represent those of the Eastern Pain Association, Inc.*

# 30th Annual Dr. John J. Bonica Award Recipient

Charles S. Cleeland, Ph.D.

Chair, Department of Symptom Research

McCullough Professor of Cancer Research

Director, WHO Collaborating Center for Supportive Cancer Care

University of Texas

M.D. Anderson Cancer Center



Dr. Cleeland founded the Pain Research Group in 1979 at the University of Wisconsin, and soon became an internationally recognized expert on the assessment and treatment of cancer pain. Dr. Cleeland and the Pain Research Group relocated to the University of Texas M. D. Anderson Cancer Center in 1996. In March 2002, the Pain Research Group became the Department of Symptom Research. Dr. Cleeland is currently chair of the department and McCullough Professor of Cancer Research. The department integrates laboratory research to develop models of pain and other symptoms, such as mood disturbance, poor sleep, fatigue, and cognitive impairment, with descriptive research and interventional trials in patients. His most recent focus has been research on the potential common causes of multiple symptoms related to cancer treatment, examining the role of treatment-related dysregulation of inflammation, and conducting clinical trials to test mechanistic approaches to the control of multiple symptoms. He is past president of the American Pain Society and serves on several national pain and symptom control boards of directors. He has received the William E. Fordyce Clinical Investigator Award from the American Pain Society (2002), and the Trish Green Quality of Life Award from the American Cancer Society (2007). His research has been supported by the National Cancer Institute, the American Cancer Society, the Department of Defense, and several foundations.

*You are invited to attend the  
Thirtieth Annual  
Dr. John J. Bonica Lectureship Award*

*The Symptom Complex :  
What Goes Along with Having  
Chronic Pain?*

*presented by*

*Dr. Charles S. Cleeland  
McCullough Professor of Cancer Research  
University of Texas  
M.D. Anderson Cancer Center*

*Friday, September 12, 2008  
12:30 - 1:30pm*

The annual Dr. John J. Bonica Award and Lecture is the highlight of the Eastern Pain Association year. EPA members get together to hear a distinguished, nationally and often internationally, recognized pain practitioner and/or researcher deliver a lecture and receive an award that is named after someone many consider to be the father of pain, Dr. John J. Bonica. This year will be the 30th such convocation.

Join us this year for a luncheon, as the Eastern Pain Association proudly presents this year's award to Dr. Charles S. Cleeland. The luncheon is complimentary to meeting registrants. The lecture is free and open to the public.

Please register using the meeting registration form included in this brochure.

# 30th Annual John J. Bonica Award

## Past Bonica Award Recipients

1979	Dr. Patrick D. Wall* On the Relation of Injury to Pain	1994	Dr. Charles E. Inturrisi Molecular Markers of Pain and Analgesic Tolerance
1980	Dr. William H. Sweet* Animal Models of Chronic Pain: Their Possible Validation from Human Experience	1995	Dr. Michael J. Cousins Drug Treatment of Pain by Local Anesthetics and Other Regionally Applied Drugs: Current and Future Applications
1981	Dr. Raymond W. Houde* Pain and The Search for the Holy Grail: New Drugs Revisited	1996	Dr. Jes Olesen Migraine: Diagnosis and Pathophysiology
1982	Dr. Ronald Melzack The Reality of Labor Pain	1997	Dr. Abraham Sunshine* Clinical Analgesic Studies: The Future of the Past
1983	Dr. John C. Liebeskind* Pain Modulation: Central Mechanisms and Environmental Triggers	1998	Dr. Gerald F. Gebhart Visceral Pain and its Modulation
1984	Dr. Avram Goldstein Pain and the Endogenous Opioids	1999	Dr. William T. Beaver It's Déjà Vu All Over Again: Reflections Of An Analgesiologist
1985	Dr. Wilbert E. Fordyce Pain, Freedom of Choice and Accountability	2000	Dr. Donald D. Price Mechanisms and New Treatments of Persistent Pain
1986	Dr. Kathleen M. Foley Cancer Pain: Controversy and Challenges	2001	Dr. Gavril Pasternak Molecular Mechanisms of Morphine Action: From the Clinic to the Bench
1987	Dr. Howard L. Fields Endogenous Mechanisms of Pain Control	2002	Dr. Clifford J. Woolf Chipping Away at Pain Mechanisms
1988	Dr. Vittorio Ventafridda Continuing Care: An Important Issue in Cancer Pain	2003	Dr. Russell Portenoy Long-Term Opioid Treatment for Chronic Pain: A Modern Twist on an Ancient Therapy
1989	Dr. William D. Willis, Jr. The Role of Spinothalamic Neurons in Hyperalgesia	2004	Dr. Daniel B. Carr Translating Clinical Research to Clinical Practice: A Never Ending Challenge
1990	Ada G. Rogers, RN The ABC's of Pediatric Pain	2005	Dr. Patrick Mantyh Mechanisms that Drive Cancer Pain
1991	Dr. B. Berthold Wolff The Measurement of Pain: An Odyssey	2006	Dr. Richard Payne What is Compassionate Pain Care in the 21st Century? Is the Good Samaritan an Oxymoron in 21st Century Health Care?
1992	Dr. Ulf Lindblom Pain and Sensory Dysfunction, Integration and Separation	2007	Dr. James Eisenach, FM James, III Professor of Anesthesiology Obstetrics: Pain Fibers (but not pain) Speed Labor & Protect Against Chronic Pain
1993	Dr. Tony L. Yaksh The Practical Significance of Processing Bias in Spinal Pain Transmission or How Tightly Wound is Your Patient's Watch?		

\* Deceased

# Eastern Pain Association 2008 Annual Scientific Meeting



## INNOVATIONS IN PAIN MEDICINE • WHAT'S OLD IS NEW AGAIN

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40th Floor • 7 World Trade Center

## MEETING REGISTRATION FORM

Please print or type

Name: \_\_\_\_\_  MD  PhD  RN  Other: \_\_\_\_\_

Institution: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Country: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone #: ( ) \_\_\_\_\_ Fax #: ( ) \_\_\_\_\_

E-Mail: \_\_\_\_\_

PLEASE CHECK ONE	FRIDAY EARLY REGISTRATION THROUGH AUGUST 15, 2008	FRIDAY REGISTRATION AFTER AUGUST 15, 2008	AMOUNT DUE
<input type="checkbox"/> EPA Member	\$250	\$300	
<input type="checkbox"/> Non-Member	\$300	\$350	
<input type="checkbox"/> Student/Resident/Fellow	\$130	\$150	
<input type="checkbox"/> Nurse	\$175	\$200	
NON MEETING REGISTRANTS			
<input type="checkbox"/> Bonica Lecture ONLY (Fri. 12:30 - 1:30 pm)	No Charge	No Charge	
<input type="checkbox"/> Bonica Lecture with Lunch	\$60	\$65	

REGISTRATION TOTAL \$ \_\_\_\_\_

**Payment** - Make checks (US currency) payable to: Eastern Pain Association

To register with a credit card, Visa, MasterCard, or American Express Online, please go to:

<http://epapain.org/registration.htm>

**Mail registration/checks to:** EPA, P.O. Box 330298, Atlantic Beach, FL 32233-0298  
Phone: (904) 270-8886 FAX: (904) 246-9233 Email: [director@epapain.org](mailto:director@epapain.org)

**Cancellation Policy:** Full refund through August 15, 2008. 50% refund through August 29, 2008. No refunds after August 29, 2008. Refunds will be determined by the date written cancellation is received.

**Americans with Disabilities Act:** The Eastern Pain Association fully complies with the legal requirements of the ADA and the regulations thereof. If any participant in this educational activity is in need of accommodations, please contact Lorry Davis (904) 270-8886 by August 20 in order to receive service.

### Hotels:

- Millenium Hilton, 55 Church Street, New York, NY, 10007. Call 1-800-445-8667, and tell them you're with the Eastern Pain Association for a room rate of \$399/night.
- Doubletree Hotel Jersey City, 455 Washington Boulevard, Jersey City, NJ, 07310 (Newport Center). Call 1-201-499-2400. Within walking distance of the PATH train.
- New York Marriott Downtown (formerly Marriott Financial Center), 85 West Street at Albany Street, New York, NY 10006. Call 1-212-385-4900.