

Dr. Diana Mayants, PT, DPT, OCS, CMPT

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Education

NAIOMT, North American Institute Orthopedic Manual Therapy	2017
<ul style="list-style-type: none">• CMPT: Certified Manual Physical Therapist	
ABPTS, American Board of Physical Therapy Specialists	2015
<ul style="list-style-type: none">• OCS: Orthopedic Certified Specialist	
UMDNJ, School of Health Related Professions	2011
<ul style="list-style-type: none">• Doctorate, Physical Therapy	
Quinnipiac University	2008
<ul style="list-style-type: none">• Bachelors of Science, Health Science Studies	

Work Experience

OrthoPro Physical Therapy, New York, NY	2016-Present
<ul style="list-style-type: none">• CEO/full time orthopedic manual physical therapist	
Manhattan Physio Group, New York, NY	2015-2016
<ul style="list-style-type: none">• Full time out-patient orthopedic physical therapist	
Columbia University: College of Physicians and Surgeons, New York, NY	2015-Present
<ul style="list-style-type: none">• Laboratory instructor for doctoral level Examination and Evaluation course	
Arista Physical Therapy, New York, NY	2014-2015
<ul style="list-style-type: none">• Full time out-patient orthopedic physical therapist	
Yorkville Physical Therapy, New York, NY	2013- 2014
<ul style="list-style-type: none">• Full time out-patient orthopedic physical therapist	
Sports Care, East Hanover, NJ	2012-2013
<ul style="list-style-type: none">• Full time out-patient orthopedic physical therapist	
Morristown Medical Center, Morristown, NJ	2011- 2012
<ul style="list-style-type: none">• Full time acute care physical therapist, Joint replacement class instructor	
Saint Barnabas Medical Center, Livingston, NJ	2008
<ul style="list-style-type: none">• Administrative assistant to surgeon-in-chief	
Quinnipiac University, Hamden CT	2005-2007
<ul style="list-style-type: none">• Cardio-kickboxing aerobics instructor• Resident Assistant	
Saint Barnabas Ambulatory Care Center, Livingston, NJ	2005- 2007
<ul style="list-style-type: none">• Clinical Assistant- Physical Therapy Adult/Pediatric Out-patient Dept.	

Certifications/Memberships/Points of Interest

NAIOMT: Certified Manual Physical Therapist	2017- Present
ABPTS: Orthopedic clinical specialist	2015 - Present
CPR, AED, and First Aid Certified	
Certified Aerobics Instructor	2005-2008
American Physical Therapy Association	2006-Present
Half Marathons: Long Branch, Running Festival of Lights, Brooklyn Half	2012, 2014, 2015
Linguistics: Russian (fluent) and Spanish (conversational proficiency)	

Continuing Education

NAIOMT: Thoracic Spine	2017
NAIOMT: Cervical spine level 2	2017
NAIOMT: Upper Extremity	2017
NAIOMT: Lower Extremity	2016
NAIOMT: Lumbopelvic spine level 2	2016
NAIOMT: Lumbopelvic spine level 1	2016
NAIOMT: Cervical spine level 1	2016
Treatment of the Lumbar Spine (HSS)	2015
Eric Wilson's OCS Exam Prep Course (Motivations, Inc)	2015
Rehabilitation of the Runner (HSS)	2014
Rehab Grand Rounds: It's All About the Glutes (HSS)	2013
Return to Golf for the Rehabilitation Specialist (HSS)	2013
15th Annual Sports Medicine for the Young Athlete Symposium (HSS)	2013
Dynamic Tape Seminar	2013
Advances in Hip Preservation (HSS)	2012