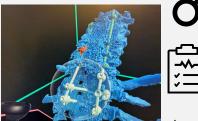
Virtual reality for pre-procedural planning of chronic pain

procedures: a case series

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Previous C2-C7 posterior fusion Failed medications, ESIs, MBBs, prior PNS



C6/7 medial branch PNS VR used to identify deployment path

>50% relief intraop and 1 month postoperatively \rightarrow lead migration and removal



72M with 10/10 anorectal pain with sitting; no pain with DRE

x4 lumbar surgeries **Multiple L THA and revisions** with acetabular screw removal



L pudendal nerve block VR used to identify pain generator: screw previously contacting Alcock's canal, and path to block placement in absence of ischial spine



10% pain improvement Vast functional improvement: able to sit to drive + use public transport

INTRODUCTION

- Deploying peripheral nerve stimulators and intrathecal pumps can be challenging or deemed dangerous in anatomically complex patients with mass-occupying lesions such as cancer or surgical hardware.
- Virtual reality (VR) has been utilized by other specialties, including cardiothoracic and neurosurgery, as a tool for preprocedural planning in patients with atypical anatomy.
- VR offers an immersive, interactive, and collaborative environment for proceduralists to study, manipulate, and draw over patient-specific anatomy in three dimensions.

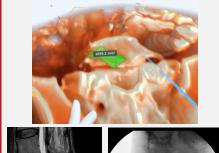
DISCUSSION

- Benefits of studying imaging in VR include:
 - Enhanced three-dimensional understanding of mass-occupying lesions, measurements, and distances
 - The ability to draw in 3D for collaborative preprocedural planning
- Limitations of VR include:
 - Operator comfort with software and anatomy
 - Unclear benefit in the pain population in procedural time, success rates compared to traditional preprocedural study of imaging
 - Inability to apply VR live during procedure

REFERENCES



CASE 3





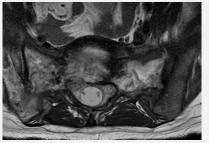
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67M with 10/10 radicular low back pain, intolerant of opioid side effects

Gastric adenocarcinoma Mets to L5 vertebral body, posterior elements + neuraxis

Intrathecal pump placement VR used to confirm safety of approach at L4/5

Weaned off fentanyl patch **Discharged to nursing home** with adequate pain control



Question/Comments? Please contact: Ingharan Siddarthan M.D. (ijs9006@nyp.org)



DLBCL with sacral :=

L leg pain

CASE 4

destruction, canal stenosis, bilateral S1 root compression, on 80mg/day oxycodone

31 transmasculine, 10/10

sacral pain and radicular R >

R sciatic nerve block $x2 \rightarrow$ sciatic nerve PNS (popliteal) VR identified L5 nerve root as major contributor to pain

No significant relief with $PNS \rightarrow consider higher$ sciatic PNS vs SCS