

Peter C. Lascarides D.O.

152 Christian Avenue
Stony Brook, New York, 11790
Phone: (646) 522-3857
plascarides1@gmail.com

PROFESSIONAL EMPLOYMENT

Pain Institute of Long Island, Riverhead, NY

2016- Present

Board Certified Pain Medicine Physician

- Worked with team in developing a new practice starting from the ground up
 - Caring for 100 office patients/ 20 fluoroscopic guided procedures per week
- Independently providing inpatient Pain Management Consult Service to local community hospital, Peconic Bay Medical Center
- Independently providing Pain Management services to postoperative patients in community Skilled Rehabilitation Facility
- Procedures: Ultrasound and Fluoroscopic Guided Nerve Blocks, Peripheral Joint Injections, Epidural Steroid Injections, Medial Branch Block/RFA, Stellate Ganglion Block, Sympathetic Blocks, Ganglion Impar Blocks, Geniculate Nerve Blocks, Neuromodulation/ Spinal Cord Stimulation, Vertebro/Kyphoplasty, Discography, Percutaneous Discectomy

PROFESSIONAL TRAINING

Albert Einstein College of Medicine: Montefiore Medical Center, Bronx, NY

2015- 2016

Department of Pain Medicine, Fellow – Board certified

- ACGME-accredited Interventional Pain Medicine Fellowship
- Chronic/ Interventional pain, Acute/ Post-operative pain, and Cancer/ Palliative pain management training

Stony Brook Medicine University Hospital, Stony Brook, NY

2014- 2015

Department of PM&R, Chief Resident

- PGY-4: Served as the academic/ administrative chief in a program of nine residents
- Prepared call schedule, arranged lectures, attended monthly faculty/ patient safety meetings

Stony Brook Medicine University Hospital, Stony Brook, NY

2012- 2015

Department of PM&R, Resident

- PGY-2-4: Residency training in Physical Medicine and Rehabilitation – Board certified
- Procedure training: Botulinum toxin for spasticity and migraines, baclofen pump refilling and management, Ultrasound guided shoulder, hip, and knee injections, electromyography

Northwell Health: Plainview Hospital, Plainview, NY

2011-2012

Traditional Rotating Intern

- PGY-1: Preliminary internship

EDUCATION

New York College of Osteopathic Medicine, Old Westbury, NY

2007-2011

Doctor of Osteopathic Medicine

Binghamton University, Binghamton, NY

2003-2007

Bachelor of Science in Biochemistry

ACADEMIC APPOINTMENT

New York College of Osteopathic Medicine, Old Westbury, NY

2017-Present

Assistant Clinical Professor

Provide Pain Management lecture series to Peconic Bay Medical Center residents

PROFESSIONAL ORGANIZATIONS

Eastern Pain Association, Regional Branch of the American Pain Society Treasurer, Executive Board Tracking income, spending, and reporting finances to executive board	2018-Present
Eastern Pain Association, Regional Branch of the American Pain Society Website Committee Developing a new website through Wordpress with goal of increasing awareness Access to lectures via a repository, and receiving payments	2018-Present
Eastern Pain Association, Regional Branch of the American Pain Society Director at Large Contributing to discussions about annual meeting topics, means of growth and improvement	2016-2018

AWARDS & DISTINCTIONS

- Scored in the 92nd percentile on the ABPMR board exam
- Dean's List, Binghamton University College of Arts & Sciences, 2005 & 2006
- International Union of Operating Engineers, Local 94 Academic Undergraduate Scholarship

EMPLOYMENT

Perfect Building Maintenance, New York, NY Engineering Assistant –Full time position that involved rounding on, servicing, and maintaining large-scale heating, ventilation, and air condition units. Other responsibilities included basic carpentry, plumbing, and electrical work.	2002-2008
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RESEARCH

Preceptor: Magda Fahmy, MD. Northport Veterans Affairs Medical Center, Northport, NY. Studied the effectiveness of acupuncture on pain levels and analgesic medication use in stable medicated patients.	2013-2015
Preceptor: Amgad Makaryus, MD. North Shore University Hospital, Manhasset, NY. Analyzed the take-off angles and ostial areas of anomalous coronary arteries using 64-detector coronary angiography.	2010-2011

PUBLICATIONS

Treating Pain in Patients with Chronic Kidney Disease: A Review of the Literature. Practical Pain Management: October 2014; 14(8) 43-52	
Bilateral Tibialis Anterior Rupture In the Presence of Longstanding Simvastatin Use: A Case Report Peter Lascarides, Laura Davids, Susan Stickevers PM&R: September 2014; 6(9S) S262	
Sacral Insufficiency Fracture in a Patient with Osteogenesis Imperfecta: A Case Report. Laura Davids, Peter Lascarides, Susan Stickevers PM&R: September 2014; 6(9S) S229.	
Necrotizing Fasciitis of the Upper Extremity Leading to Amputation: A Case Report. Nagehan Uzun, Peter Lascarides, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2014; 93(3) SA31	

Rehabilitation of Zoster induced Brown Sequard Syndrome: A Case Report. Peter Lascarides, Nagehan Uzun, Roger Luo, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2014; 93(3) SA84

Acute Thigh Pain in a Patient with Felty's Syndrome: A Case Report. Peter Lascarides, Jessica Engle, Yu-Jen Lai PM&R: September 2013; 5(9) S185.

A Case of Neuro- Behçet's Syndrome presenting with Hemiparesis. Sina Menashehoff, Peter Lascarides, Jessica Engle, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2013; 92(3) SA19

Anomalous Coronary Arteries have More Acute Take-off Angles and Smaller Ostial Areas than Normal Controls: A 64-Detector Coronary Angiography Analysis. Scott M Pilgrim, Andrew D Blaufox, Saradha Subramanian, Tamara Shashiashvili, Peter Lascarides, Nina Kohn, and Amgad Makaryus. Circulation. 2010; 122: A12106

ACTIVITIES & VOLUNTEER SERVICE

Eastern Pain Association – Board of Directors Jointly oversee activities of the EPA, providing lectures, promoting research.	2016- Present
Northwell Health: Peconic Bay Medical Center – Ethics Committee Member Promote ethical practice of medicine, protect the interests of patients and address moral issues.	2016- Present
Northwell Health: Peconic Bay Medical Center – Guest Lecturer Provide formal monthly lectures on pain medicine topics to interns and residents.	2016- Present
Stony Brook University Hospital - Dept. of PM&R – Patient Safety Resident Facilitated the employment of department patient safety measures.	2014-2015
Stony Brook University Hospital - Dept. of PM&R - Research Committee Responsible for reviewing and editing the writing of colleagues.	2012-2015
New York Hospital Queens - Dept. of Anesthesiology - Volunteer Assisted with clerical work, prepared case reports and power-point presentations for attending physicians.	2005-2007

MEMBERSHIPS

- American Society of Interventional Pain Physicians
- American Academy of Pain Medicine
- North American Spine Society
- Eastern Pain Association
- New York Society of Interventional Pain
- New York Society of Physical Medicine and Rehabilitation
- American Academy of Physical Medicine and Rehabilitation

Lectures

- Challenges in a Chronic Regional Pain Syndrome Patient (EPA 2015 Annual Meeting)
- Pain Scales & Pain Assessment
- Spinal Epidural Lipomatosis
- Fibromyalgia & Myofascial Pain Syndrome
- Preparticipation Sports Physical Exam
- Polytrauma (Grand Rounds)
- Proximal Median Neuropathies
- Physical Examination of the Lumbar Spine
- Acute Transverse Myelitis (Grand Rounds)

- Critical Illness Myopathy and Polyneuropathy (Grand Rounds)

EXAMS & Certifications

- ABA Pain Medicine Board Certified
- ABPMR Physical Medicine and Rehabilitation Board Certified
- BLS & ACLS

LANGUAGES

- Fluent in Greek
- Proficient in Spanish

HOBBIES & INTERESTS

- Soccer, skiing, fishing, traveling