

Date Prepared: 02/02/2022

Name: Peter C. Lascarides D.O.

Office Address: 400 East Main Street
Physician Practices, 1W
Mount Kisco, NY, 10549

755 North Broadway Suite 530
Sleepy Hollow, NY, 10591

Home Address: 29 Cedar Lane, Apt #2, Ossining, NY, 10562

Work Phone: 914-269-1780

Work Email: plascarides@northwell.edu

Work FAX: 914-666-1401

Educational Background

2007-2011 Doctor of Osteopathic Medicine
New York College of Osteopathic Medicine, Old Westbury, NY

2003-2007 Bachelor of Science in Biochemistry
Binghamton University, Binghamton, NY

Postdoctoral Training

2015-2016 Clinical Fellow, Dept. of Pain Medicine,
Montefiore & Albert Einstein Combined Multidisciplinary Fellowship, Bronx, NY

2012-2015 Chief Resident, Dept. of Physical Medicine & Rehabilitation,
Stony Brook University Hospital, Stony Brook, NY

2012-2015 Resident, Dept. of Physical Medicine & Rehabilitation,
Stony Brook University Hospital, Stony Brook, NY

2011-2012 Traditional Rotating Intern, North Shore- LIJ Plainview Hospital, Plainview, NY

Faculty Academic Appointments

2019-Present	Assistant Professor of Clinical Orthopedics and Rehabilitation	Stony Brook University Hospital
2017-Present	Assistant Clinical Professor of Physiatry	NY College of Osteopathic Medicine

Appointments at Hospitals/Affiliated Institutions

2021-Present	Attending, Pain Management	Northern Westchester Hospital, Northwell
2021-Present	Attending, Pain Management	Phelps Hospital, Northwell
2016-2021	Attending, Pain Management	Mather Memorial Hospital, Northwell
2016-2021	Attending, Pain Management	Peconic Bay Medical Center, Northwell
2016-2021	Attending, Pain Management	St. Charles Hospital, Catholic Health

EXPERIENCE & APPOINTMENTS

8/2021-CURRENT	Attending Physician Northwell Health Physician Partners	Westchester County, New York
8/2016-8/2021	Attending Physician Pain Institute of Long Island	Suffolk County, New York

REGIONAL LEADERSHIP & ACTIVITIES

2020-Present	Eastern Pain Association President Elect, Executive Board Assist and advise the President, and perform other duties as requested or directed by the President; Serve as Acting President in the absence or of the President and perform all duties for which the President is responsible until the President can resume duties.
2018-2020	Eastern Pain Association Treasurer Overseeing finances and reporting to executive board

- 2018-2020 Eastern Pain Association
Website Committee
 Developing a new website, and online forum with Wordpress
 With goal of increasing awareness to public and facilitating intellectual discussion
- 2018-2020 Eastern Pain Association
Director at Large
 Contributing to discussions about annual meeting, means of development

LOCAL LEADERSHIP & ACTIVITIES

- 2018- Present Eastern Pain Association – Executive Board
 Jointly organizing, managing, and governing on activities of the EPA
- 2016- 2018 Eastern Pain Association – Board of Directors
 Recruitment, collaborating with board and organizing events.
- 2016- 2021 Northwell Health: Peconic Bay Medical Center
 Faculty Lecturer - Provided lecture series on Pain Medicine topics to Interns and Family Medicine Residents.
- 2016-2021 Stony Brook University Hospital
 Dept. of PM&R - Lecturer
 Provided lecture series on Pain Medicine topics to Physiatry Residents.
- 2016- 2020 Northwell Health: Peconic Bay Medical Center
 Ethics Committee - Promote ethical practice of medicine, protect the interests of patients and address moral issues.
- 2014-2015 Stony Brook University Hospital
 Dept. of PM&R - Patient Safety Resident
 Facilitated the employment of department patient safety measures.
- 2012-2015 Stony Brook University Hospital
 Dept. of PM&R - Research Committee
 Responsible for reviewing and editing the writing of colleagues.
- 2005-2007 New York Hospital Queens
 Dept. of Anesthesiology - Volunteer
 Assisted with clerical work, prepared case reports and power-point presentations for attending physicians.

PEER REVIEW PUBLICATIONS

2010 Anomalous Coronary Arteries have More Acute Take-off Angles and Smaller Ostial Areas than Normal Controls: A 64-Detector Coronary Angiography Analysis. Scott M Pilgrim, Andrew D Blaufox, Saradha Subramanian, Tamara Shashiashvili, Peter Lascarides, Nina Kohn, and Amgad Makaryus. Circulation. 2010; 122: A12106

OTHER REVIEW PUBLICATIONS

2014 Treating Pain in Patients with Chronic Kidney Disease: A Review of the Literature. Practical Pain Management: October 2014; 14(8) 43-52

NATIONAL/INTERNATIONAL PROFESSIONAL PRESENTATIONS

2021, Dec 4 Innovations in Research:
Restorative Neurostimulation for refractory
Chronic Mechanical Lower Back Pain
Eastern Pain Association Annual Meeting
SUNY Global Center, New York, NY

2021, Sept 14 Moderator for “Meet the Pain Fellows”
Eastern Pain Association Webinar

2021, June 1 Moderator for “Meet the Pain Fellows”
Eastern Pain Association Webinar

2020, Sept 29 Moderator for “Meet the Fellowship Program Directors”
Eastern Pain Association Webinar

2021, May 11 Innovations in Research: Sickle cell disease:
Oxbryta (Voxelotor, GBT440)
Eastern Pain Association Spring Webinar

2019, Oct 5 Innovations in Research: L4 Chlorokynurenine
Eastern Pain Association Annual Meeting
NYU Langone, New York, NY

REGIONAL PROFESSIONAL PRESENTATIONS

- Oct 2021 Advances in Neuromodulation
Dept. of Medicine and Surgery Grand Rounds
Northern Westchester Hospital, Mt. Kisco, NY
- Oct 2019 Controversies and Best Practices in Pain Medicine Symposium
North Shore University Hospital at Rust Auditorium, Manhasset, NY
- March 2015 Pain Scales & Pain Assessment
New York Society of PM&R
NYU Langone Medical Center. NY
- Feb 2015 Polytrauma Rehabilitation
Dept. of PM&R Grand Rounds
Stony Brook University Hospital, Stony Brook, NY
- July 2014 Critical Illness Myopathy
Dept. of PM&R Grand Rounds
Stony Brook University Hospital, Stony Brook, NY
- May 2014 Acute Transverse Myelitis
Dept. of PM&R Grand Rounds
Stony Brook University Hospital, Stony Brook, NY

LOCAL PROFESSIONAL PRESENTATIONS

- 2021, October Managing Challenging Inpatient Pain Cases
Faculty Lecture, Dept. of Medicine, Phelps Hospital
- 2021, October Faculty Presenter: Northwell Health Department of Advanced Care
Providers. Motivating Organizational Change to Humanize Substance Use
& Pain Care
- 2020, April Introduction to Fluoroscopy Guided Spine Procedures
NYIT College of Osteopathic Medicine Spine Symposium

POSTER PRESENTATIONS

The Impact of Electronic Medical Record (EMR) Alerts on Opioid and Benzodiazepine Coprescription in the Inpatient Medicine Setting – Northwell Academic Day. June 2021

Bilateral Tibialis Anterior Rupture In the Presence of Longstanding Simvastatin Use: A Case Report. Peter Lascarides, Laura Davids, Susan Stickevers PM&R: September 2014; 6(9S) S262

Sacral Insufficiency Fracture in a Patient with Osteogenesis Imperfecta: A Case Report. Laura Davids, Peter Lascarides, Susan Stickevers PM&R: September 2014; 6(9S) S229.

Necrotizing Fasciitis of the Upper Extremity Leading to Amputation: A Case Report. Nagehan Uzun, Peter Lascarides, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2014; 93(3) SA31

Rehabilitation of Zoster induced Brown Sequard Syndrome: A Case Report. Peter Lascarides, Nagehan Uzun, Roger Luo, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2014; 93(3) SA84

Acute Thigh Pain in a Patient with Felty’s Syndrome: A Case Report. Peter Lascarides, Jessica Engle, Yu-Jen Lai PM&R: September 2013; 5(9) S185.

A Case of Neuro- Behçet’s Syndrome presenting with Hemiparesis. Sina Menashehoff, Peter Lascarides, Jessica Engle, Yu-Jen Lai. American Journal of Physical Medicine & Rehabilitation: March 2013; 92(3) SA19

PRESS MENTIONS

2021 Citroner, G. “Are workout ‘Highs’ Real? Study Finds Cannabis- Like Substances Released After Exercise” in *Healthline*. Retrieved from: <https://www.healthline.com/health-news/are-workout-highs-real-study-finds-cannabis-like-substances-released-after-exercise>

2021 Deal, E. “Pain Institute of Long Island: Bringing Advances and State-of-the-Art Alternatives to Treat Chronic Pain.” In MD News. Retrieved From: <https://longisland.mdnews.com/pain-institute-long-island-bringing-advances-and-state-art-alternatives-treat-chronic-pain>

OTHER WORK EXPERIENCE

2002-2008 Engineering Assistant –Full time position that involved rounding on, servicing, and maintaining large-scale heating, ventilation, and air condition units. Other responsibilities included basic carpentry, plumbing, and electrical work.

AWARDS

2002 Academic Undergraduate Scholarship
International Union of Operating Engineers, Local 94

LICENSURE AND CERTIFICATION

ACGME Board Certification in Pain Medicine

ACGME Board Certification in Physical Medicine and Rehabilitation

New York State Medical License

Advanced Cardiac Life Support

Basic Life Support

PROFESSIONAL ORGANIZATIONS

American Society of Interventional Pain Physicians

Eastern Pain Association

New York Society of Interventional Pain

New York Society of Physical Medicine and Rehabilitation

American Academy of Physical Medicine and Rehabilitation

HOBBIES & INTERESTS

I enjoy cross country skiing, saltwater fishing, and traveling